

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY																							
<b>WEEK 1</b>	<b>TOP DOG</b>  Choose from Quorn or Chicken Sausage and add two toppings. Served with wedges. <b>PB H</b>			<b>Ciao Pasta</b> Cheese & Tomato Pasta Bake <b>V</b>			<b>PHILLY MAC</b> Macaroni Cheese with a selection of Toppers <b>V</b>			<b>Moshi Moshi</b> Chicken & Vegetable Stir Fry with Rice <b>H</b>			<b>ROAST OF THE DAY</b>  Quorn or Beef served with Roast Potatoes & Gravy <b>V H</b>			<b>Me Gusta</b> Vegetable & Mixed Bean Chilli & Rice <b>PB</b>			Cheese & Leek Pasty with Garlic & Herb Wedges <b>V</b>			<b>Ciao Pizza</b> Margarita Pizza with Garlic & Herb Wedges <b>V</b>			<b>Plant Based</b> Quorn Nuggets with Chips & Ketchup <b>PB</b>			Cheese, Sour cream and Spring Onion Potato Skins <b>V</b>			<b>Fish Shack</b> Fish Fingers, Chips & Tomato Ketchup <b>F</b>					
	Sweetcorn & Coleslaw			Peas & Broccoli			Carrots & Green Beans			Sweetcorn & Mixed Salad			Peas & Baked Beans																							
	Frozen Strawberry Yoghurt			Jamaican Pineapple Upside Down Sponge			Apple & Banana Cake			Chocolate Muffin			Apple & Berry Cookie																							
<b>WEEK 2</b>	<b>Ciao Pasta</b> A choice of Penne or Spaghetti pasta with Tuscan bean Sauce or chicken Meatballs with Tomato Sauce <b>PB H</b>			Tomato & Cheese Galette with Wedges <b>V</b>			<b>KARMA CURRY</b>  Tarka Dhal or Beef Keema served with Rice or Bombay Potatoes <b>PB H</b>			<b>Me Gusta</b> Cheese, Bean & Vegetable Quasdilla with Wedges <b>V</b>			<b>ROAST OF THE DAY</b>  Soya Strips or Chicken served with Roast Potatoes & Gravy <b>PB H</b>			<b>Ciao Pasta</b> Tomato and Herb Sauce served with Garlic Bread <b>PB</b>			<b>Karma Curry</b> Goan Quorn Curry with Rice <b>V</b>			<b>Ciao Pizza</b> Margarita Pizza with Paprika Wedges <b>V</b>			<b>Superbowl</b> Korean BBQ Vegetable Rice <b>PB</b>			<b>Ciao Pizza</b> Roasted Vegetable Calzone with Chips <b>V</b>			<b>Fish Shack</b> Battered Fish, Chips & Tomato Ketchup <b>F</b>					
	Green Beans & Mixed Salad			Peas & Spicy Cauliflower			Broccoli & Carrots			Sweetcorn & Roasted Mediterranean Veg			Peas & Baked Beans																							
	Frozen Mango Yoghurt			Scillian Lemon Drizzle Cake			Orange Jelly & Mandarins			Toffee Apple & Banana Muffins			Pear & Chocolate Sponge																							
<b>WEEK 3</b>	<b>Soul &amp; Spice</b> Vegetable & Chickpea Jambalaya <b>PB</b>			Quorn Burger in a Bun with Wedges & Ketchup <b>V</b>			<b>Karma Curry</b> Chicken Curry & Rice <b>H</b>			<b>CIAO PASTA</b>  A choice of Penne or Spaghetti Pasta with Vegetable & Lentil or Beef Bolognese <b>V H</b>			<b>Moshi Moshi</b> Honey & Ginger Soya Strips with Rice <b>V</b>			<b>ROAST OF THE DAY</b> Chicken served with Roast Potatoes & Gravy <b>H</b>			Chickpea & Vegetable Tagine with Lemon Couscous <b>PB</b>			<b>Me Gusta</b> Cheese & Bean Fajita with Wedges <b>V</b>			<b>Ciao Pizza</b> Margarita Pizza with Wedges <b>V</b>			<b>Plant Based</b> Tomato & Herb Puff Square with Chips <b>PB</b>			<b>Moshi Moshi</b> Singapore Vegetable Noodle Stir Fry <b>V</b>			<b>Fish Shack</b> Breaded Fish Cake, Chips & Tomato Ketchup <b>F</b>		
	Peas & Cauliflower			Sweetcorn & Mixed Salad			Broccoli & Carrots			Sweetcorn & Colelaw			Peas & Baked Beans																							
	 <b>ICE CREAM BAR</b> Vanilla Ice Cream with a choice of toppings			Madagascan Vanilla & Peach Sponge			Strawberry Jelly			Apple & Berry Swirl Cake			Chocolate Brownie																							

Available Daily: Milk, Salad Bar, Bread Basket, Fresh Fruit and Yoghurt

Look out for Chef's Special Jacket Potato and Sandwiches

Menu Key: **PB** Plant Based | **F** Fish | **V** Vegetarian | **H** Halal

