



Spirituality

I Know Who I Am

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. – Psalms 139:14

Our Vision:

At Macaulay we are an inspirational, nurturing and inclusive community, celebrating each child as uniquely created by God.

We foster independence, curiosity and creativity so that every child may flourish and fulfil their potential to live with purpose and confidently contribute to their communities.

Our Christian Values:

Resilience, Thankfulness, Compassion, Creativity, Responsibility and Friendship

What is Spirituality?

Spirituality is about how we experience life. It is also about our relationship with our self, others, the world and awareness of the transcendent. It creates an awareness of things bigger than ourselves and it gives us the confidence to reflect and ask questions about the world around us.

The Four Elements of Spirituality:

Spirituality explores our relationships and connections.

Self - Developing self-awareness, reflection, personal values and an understanding of one's own beliefs and emotions.

Others - Nurturing positive relationships, empathy, compassion, respect and a sense of responsibility towards others.

The World - Fostering awe and wonder, appreciation of beauty, and a commitment to caring for God's creation.

The Beyond - Developing an understanding of God through Christian teaching, prayer and worship, while encouraging pupils to explore life's big questions, meaning and faith.

Macaulay's Spirituality Statement (Appendix of Religious Education Policy)

We understand spirituality as being guided by beliefs and values as pupils develop understanding of themselves, others, the world and the sacred. Pupils are encouraged to take a stand for what they believe is right, take thoughtful risks, and express their views through respectful dialogue that is modelled across the school community.

Spirituality is nurtured through a wide range of experiences, including trips and visits, engagement with places of worship and the natural world, and the celebration of diverse religious and cultural traditions. Creative learning and the exploration of 'big questions' across the curriculum encourage imagination, curiosity and openness to mystery, meaning and belief, enabling pupils to experience awe and wonder and an awareness of the transcendent.

Stillness, silence and reflection are embedded in daily routines through collective worship, prayer, mindfulness workshops and quiet moments, supporting pupils' spiritual wellbeing. Leadership opportunities such as the school council, faith leaders and other pupil roles ensure meaningful pupil voice, promote responsibility within the community, and encourage generosity, thankfulness and service to others.

We seek to create an environment where pupils feel safe to ask questions, explore mystery and engage in reflection. By embedding spirituality across the curriculum, daily routines and the wider life of the school, we enable children to flourish as reflective, compassionate and hopeful individuals, equipped to engage confidently and respectfully with life's big questions both now and in the future.

We Create Opportunities for Spiritual Growth through:

Collective Worship - Spiritual development for our pupils and staff. It provides daily moments of prayer, quiet thought and discussion.

Religious Education – Understand the role religion plays in our local community and the wider world. We place Christianity at the centre of our curriculum while also ensuring pupils engage meaningfully with other principal world faiths.

Curriculum – Diverse, enriched curriculum with opportunities for pupils to explore open-ended enquiry questions that connects core knowledge and ignites student curiosity.

Educational Visits and Experiences - Trips to places of worship, historical sites, and nature to inspire awe, with time to take in and reflect on surroundings.

Recognising and Celebrating Achievements – Good News Assembly and sporting, music achievements etc.

Whole-School Charity Events - Encouraging children to contribute and understand their impact of how we, as a school community can make a difference.

Discussion and Reflection - Encouraging thoughtful conversation across the curriculum, with the creation of a supportive atmosphere to support this.